

3rd Annual North Carolina Cancer Survivorship Summit

Charting the Course for Survivorship

Presenter Bios

Keynote Presenters

Roger and Kathy Cawthon

Roger and Kathy Cawthon's *Cancer Crusade* mission is to help other cancer survivors and caregivers on their own cancer journeys by lighting their paths a bit, sharing what the Cawthons have learned along the way, and reminding all survivors they are not alone.

Roger and Kathy Cawthon, married 25 years and "joined at the un-hip" as their kids like to say, are both cancer survivors. Diagnosed within six weeks of each other thirteen years ago (Roger with renal cell carcinoma and Kathy with breast cancer), they underwent more than a year of aggressive medical treatments to which they added their own complementary therapies of faith, humor, nutrition, and exercise.

Only four years after their diagnoses, Roger and Kathy completed the grueling 26.2-mile Marine Corps Marathon. Today they travel extensively, speaking at cancer survivor celebrations, medical and pharmaceutical conferences, and at a variety of non-health related events as well.

Roger and Kathy write and distribute the *Weekly Affirmation* mailing and the monthly newsletter, *The Cancer Connection*. They created *The Survivor Movie* as a gift for a friend who had been diagnosed with cancer. They then posted the movie on the internet for others to view – as of today, the movie has been viewed more than 3 million times in every state in the United States and in more than 94 countries around the world.

The Cawthons have books, CDs, audio files, the Cancer Crusade war tags, and their Hopemobile. The Hopemobile, also known as *Hope*, is a rolling symbol of everything cancer survivors and caregivers stand for – compassion, courage and the "I can" spirit! The Hopemobile has been signed by hundreds of cancer survivors (one from as far away as Lebanon) and the goal is to collect one million signatures over the next five year. *Hope* is with the Cawthons for our Summit – she wants each of you to sign her to help her reach her goal!

The Cancer Crusade . . . *Fighting cancer with hope and humor*

Entertainment Presenters

Marcy Brennar

Marcy Brenner, *Coyote* and *Dead Girl Walking*, is a North Carolina native who was diagnosed with breast cancer at the age of 34. Together, Marcy and Lou Castro, are *Coyote*. They wrote, published, and began performing a song called *Dead Girl Walking* in 2005. Marcy wrote the song to be brave enough to face her battle with breast cancer.

From the start, Marcy's breast cancer experience bestowed "unexpected gifts in backhanded ways." Through her story, the music, and the Ray Schmitt film of *Dead Girl Walking*, Marcy tells her story in hopes that it may be a hand in the darkness of a cancer diagnosis.

Marcy began writing her story once she started to surface from her cancer experiences. Her impulse was to reach out to other women with a life-threatening disease, specifically advanced breast cancer in a young woman. She wrote her memoir "with some years of distance, digested thought, and from the lighted-side of the tunnel."

Marcy and Lou live in Ocracoke where they perform three nights a week during the summer at the Deepwater Theater and Music Hall. In the spring and fall they are on tour. They have been in the movie *Nights in Rodanthe* in which they were cast as the party band in the post-hurricane scene. You can hear Lou and Marcy, *Coyote*, on the soundtrack of the movie in the good company of Count Basie and Emmylou Harris! Marcy was diagnosed with cancer in 2004.

Barbara Bates Smith

Barbara Bates Smith will perform the *C-Word: A Life-meets-Art Cancer Story* that is the frank, humorous, and poignant story of her role in the play *Wit*, the story of her own breast cancer and of her close relationship with a hospice patient who died from cancer.

Barbara has extensive and varied experiences. Featured in four Southeastern productions of Margaret Edson's Pulitzer Prize drama, *Wit*, she was named the 2003 Southeastern Theatre Conference Best Actress. She was diagnosed in 2001 with cancer while playing the lead role of the cancer patient in *Wit*, the first of four southeastern productions in which she has performed.

Utilizing her extensive background and practicing what she preaches in her *Our Own Stories* workshops, she tells her own story in *The C-Word: A Life-meets-Art Cancer Story*. In a related public service program, she paired with an oncologist in an interactive format: *A Doctor-Patient Dialog on Cancer*. Other original pieces for touring are *Confessions of a Deacon's Wife*, *Once Upon a Stage*, and *My Own Christmas Story – with Apologies to Norman Rockwell*.

Jeff Sebens of Cana, Virginia, is providing hammered dulcimer musical accompaniment. Jeff handcrafts a wide variety of traditional stringed musical instruments, having primarily made fretted dulcimers, hammered dulcimers, mandolins, and bowed psalteries. Jeff works hard to let the instruments mature and grow into the most responsive instruments possible as creative tools for musicians.

Barbara and her husband, Russell, live in the mountains near Clyde, North Carolina, where she plays autoharp, dulcimer, piano, and guitar, and is learning harp and harmonica.

Eugene Taylor

Born and raised in Memphis, Tennessee, Eugene Taylor is a creative artist who has touched the lives and hearts of many people through his soulful voice and the unique sound of his Djembe drum. Eugene's music has been described as therapeutic and inspiring. He has carried his unique gift and original sound to many places, including the wards of Rex Hospital in Raleigh where he plays for dialysis patients and patients receiving chemotherapy in the cancer center. He has shared his gift with the Kid's Can Support Group, a group which includes small children who are battling cancer.

The Djembe drum has a great cultural heritage in Africa. The exact origin is said to be in West Africa, from the regions of Guinea, Ivory Coast, and Senegal where it is one of the most common musical instruments. The shape of the drum allows for a higher degree of compression in the sound, allowing a deep base tone with high overtones that has enormous volume and in acoustic situations it can easily overshadow other percussion instruments. Eugene adds creativity and uniqueness to his Djembe drum music and sound through the use of tap shoes, clapping, and snapping his fingers.

Eugene has released his latest project and CD entitled, *Djembe Talk*. The Djembe has its own language and own message. The sound of the Djembe has the affect of bringing people together regardless of their age, race, gender, nationality, or cultural background.

***Djembe Talk** – All Walks of Life, through the Rhythm of Life . . . just listen!*

Breakout Session Presenters

Karen S. Babb, R.N., B.S.N.

Karen Babb graduated from Virginia Commonwealth University and is the Research Institutions Relationship Manager for the American Cancer Society (ACS), South Atlantic Division. Karen has twenty-one years working with patient programs and resources for ACS. She serves as a co-chair on an ACS South Atlantic Division project to develop a tool for cancer survivors to record treatment summary and future care. Karen is a 3-year cancer survivor.

Bridgett D. Campbell, R.N., B.S.N.

Bridgett Campbell received her BSN from King College. She is a clinical nurse at Duke University Health System in Pediatric Hematology Oncology. Bridgett provides direct patient care, including patient assessments, blood medication, chemotherapy administration, and other care in a 31-bed pediatric hematology oncology unit. Bridgett helps to educate patients and families about diagnosis and treatment plans and is knowledgeable on how treatment can educationally and psychologically affect childhood cancer survivors short- and long-term.

Lisa C. Campbell, Ph.D.

Dr. Campbell earned her Ph.D. from East Carolina University. She is the Associate Director of the Center for Health Disparities Research at ECU. Dr. Campbell is a licensed clinical psychologist and survivorship researcher. Her work focuses on developing culturally sensitive psychosocial and behavioral interventions to enhance post-treatment quality of life in African-American cancer survivors and their intimate partners.

Suzanne Carroll, R.N., M.S., A.O.C.N.

Suzanne Carroll received her Master's degree from Southern University of New York in Buffalo and her BSN degree from Southern University of New York, Brockport. Suzanne is an oncology clinical nurse specialist at the Comprehensive Cancer Center of Wake Forest University Baptist Medical Center. She is an advanced oncology certified nurse who has worked in oncology for over 23 years. Suzanne is co-chair of the medical center Multidisciplinary Pain Management Committee and she participates in various local as well as statewide Palliative Care initiatives.

Maxine Turner Fitts, B.A.

Maxine Turner Fitts received a Bachelor of Arts degree from Shaw University and is the Program/Outreach Coordinator for Cornucopia House Cancer Support Center. She served as caregiver for her mother-in-law who died of lung cancer. Maxine is a 3-year breast cancer survivor.

Peggy Hartsfield, L.C.S.W.

Peggy Hartsfield received a BS in social work from East Carolina University. She is an inpatient social work case manager on the Hematology Oncology Unit at Pitt County Memorial Hospital. Peggy was a community hospice social work for six years and has worked as an inpatient social work case manager for over 12 years. She has been co-facilitating bereavement support groups for 18 years. Peggy is a cancer survivor since 1982.

Laurie S. Howlett, L.C.S.W.

Laurie Howlett received her Master of Social Work degree from the University of Maryland and her undergraduate degree from Duke. She is a clinical social worker in Pediatric Hematology Oncology at Duke University Medical Center. A grant was received to start Duke's Adolescent and Young Adult Cancer Support Group after Laurie, with Dr. Jennifer Walker at Duke, wrote a grant to fund

support services for these young adults. Laurie has run a variety of support groups over the years and is eager to share the knowledge gained from running the adolescent and young adult group.

Sharon D. Jenkins, B.S.

Sharon Jenkins received her BS degree from East Carolina University and is a data review analyst at Lenoir Memorial Hospital. She is a North Carolina native and the mother of one daughter. Sharon is a breast cancer survivor.

Maryanne Kosem, L.C.S.W.

Maryanne Kosem received her Master of Social Work degree from the University of Michigan and her undergraduate degree from Central Michigan University. She is a clinical social worker in Pediatric Hematology Oncology Department at Duke University Health System. Maryanne is an expert in the field of childhood blood cancers and dealing with crisis intervention, bereavement counseling, emotional support, counseling, and assisting with tangible resources to families with critically ill children. Maryanne helps teach families how to improve their child's return to school and how to make it a pleasant experience for all.

Laura J. Kujawski, B.S.

Laura Kujawski received her BS from New York State Regents and is the Assistant Program Director/Partnership Program Coordinator for the Southeast Region NCI Cancer Information Service that serves North Carolina, South Carolina, and Georgia. She is involved with the development of the statewide comprehensive cancer plans in North Carolina and South Carolina where she serves on the Prevention Task Force of each state. Laura has worked on projects to increase breast and cervical cancer screening as well as outreach to medically underserved populations. She is the regional support staff responsible for developing social marketing materials for CIS partners.

When not at work, Laura enjoys gardening, cooking, and writing ghost stories.

Julie LG Lanford, M.P.H., R.D., C.S.O., L.D.N.

Julie received her Master's in Public Health Nutrition at UNC, Chapel Hill, and her undergraduate degree from NC State University. She is a Board Certified Specialist in Oncology Nutrition and is the Wellness Director of Cancer Services, Inc., which is a community non-profit agency serving cancer survivors in Winston-Salem. Julie has more than 2 years experience as an oncology dietitian and authors a healthy living blog, www.cancerdietitian.com, for cancer survivors where she covers many topics often asked by survivors.

Julies' passion is cancer survivor wellness and she specializes in making healthy living fun!

Debra C. Mascarenhas, R.N., B.S.N., B.S.B.A.

Debra Mascarenhas received her BSN and her BSBA from East Carolina University and is a breast and GYN cancer nurse navigator at Pitt County Memorial Hospital. She has been an oncology nurse since 1998, working first as

staff nurse on the inpatient unit and then eight years as an oncology case coordinator. Debra has served on multiple committees including the Cancer Committee, the Pain Steering Committee, and the Education and Support Service Committee (on which she served as chair). She has participated in many community educational and screening events as well as serving for over ten years as the facilitator of *Making It*, a breast cancer support group.

Deborah Mayer, Ph.D., R.N., A.O.C.N., F.A.A.N

Dr. Deborah Mayer earned a PhD from the University of Utah, an MSN from Yale University, a BSN from Excelsior College, her Nurse Practitioner Certificate from the University of Maryland, and a diploma from Pennsylvania Hospital School of Nursing. She is past-president of the Oncology Nursing Society, was a member of the National Cancer Institutes National Cancer Advisory Board and the Board of Scientific Advisors, and was elected as a fellow of the American Academy of Nursing. Dr. Mayer was recently appointed Editor for the Oncology Nursing Society's *Clinical Journal of Oncology Nursing*.

Dr. Mayer has a program of research that focuses on issues faced by adult cancer survivors and on using e-health interventions to address them, her current research activities being related to the transition from the end of initial cancer treatment and health promotion in survivors as well as addressing the impact of Web sites and smart phones in the survivor population.

Dr. Mayer has been bestowed a multitude of honors and has authored/co-authored many published journal articles.

Amy E. Meador, M.D.I.V.

Amy Meador a Master's of Divinity from Duke University Divinity School and received a double major (Psychology and Religious Studies) BA from NC State University. She serves as the Resource and Volunteer Coordinator for Cornucopia House Cancer Support Center. Amy has six years experience as a local pastor and during that time provided pastoral counseling which gave her a valuable perspective on the needs of caregivers. In her Cornucopia House role, she has researched and gained access to many great resources that are in caregivers publications.

Marie Miranda, M.P.H., B.A.

Marie Miranda received her MPH from the University of Puerto Rico, Medical Sciences Campus, School of Public Health and she is pursuing her doctoral degree in Community Health Promotion and Education. Marie is a public health consultant and the Training Coordinator for the NC Office of Minority Health and Health Disparities (Office of Minority Health) where she works with interpreter as well as cultural diversity trainings. She represents the Office of Minority Health on a multitude of committees, including the Hispanic/Latino Health Advisory Group, Eliminating Health Disparities Advisory Committee, and the Spanish Content Team.

Marie has practiced martial arts for over 20 years and holds a 3rd degree black belt in karate and 1st degree black belt in tae kwon do. Her passion, however, is volunteering for the American Cancer Society and the Dr. Petion Rivera Cancer Foundation. She is the proud foster parent of two girls, ages 10 and 3! Marie is a long-time cancer survivor.

Nancy ODonohue, R.N., C.N.M.

Nancy ODonohue received her Master of Arts degree from Teachers College, Columbia University and her BSN from Columbia University. She is a retired assistant vice-president of Clinical Information Systems, New York City Public Hospital System. Nancy worked as a project manager for the installation of a system-wide electronic medical record system with 6,000 physicians entering orders and notes in the records of 1.4 million clients. She has also designed reports to extract “actionable information” to assist in managing care.

Gayle Starkey, R.N.

Gayle Starkey received her nursing degree from the University of Charleston. She is a school-based public health nurse who works for Wake County Human Services. Gayle brings her nurse’s perspective of caring for those experiencing cancer and the affects of treatment as well as her personal knowledge of the experiences related to the diagnosis, treatment, and a life forever changed by cancer. Gayle is a 6-year cancer survivor.

Jennifer Walker, M.D.

Dr. Jennifer Walker received her MD from Medical College of Georgia and her BS from Furman University, she is serving a Pediatric Hematology Oncology fellowship at Duke University Medical Center, and completed her residency in Internal Medicine and Pediatrics at Duke as well. Dr. Walker learned in her training that adolescent and young adult patients often fall into grey category between pediatric and adult medical care in addition to not having health insurance and may have the competing priorities of school and work.

A grant was received to start Duke’s Adolescent and Young Adult Cancer Support Group after she, with social worker Laurie Howlett at Duke, wrote a grant to fund support services for these young adults. The goal is to provide an outlet of support for these patients and to use the time to educate the patients about important topics such as nutrition, insurance, etc.

